



Light Box 45x45 Data Sheet

Main Features

- **45x45cm** (1.5x1.5ft) **Bowens Mount Square Softbox**
- **30cm** (11.8in) **Depth**
- Pairs well with the **amaran COB 60/100/200 Series**
- **Incredibly Soft Light** with **2 Densities of Front Diffusion** (1.5 Stop & 2.5 Stop)
- **45° Fabric Light Control Grid**
- **Larger aperture** than 1x1 LED Panels
- **Packs Compactly** into **Flat Carrying Bag**
- **Quick & Simple** 4-Sided Design
- **0.68kg (1.5lbs)** Lightweight Construction
- **Excellent Travel Softbox** for On-the-Go Shooting

Specifications

Dimensions	Softbox (Built)	45 x 45 x 30cm 17.7 x 17.7 x 11.8in
	Softbox (Collapsed)	48 x 26 x 5cm 18.9 x 10.2 x 2in
	Front Diffusion (1.5 Stops)	42 x 42cm / 16.5 x 16.5in
	Front Diffusion (2.5 Stops)	42 x 42cm / 16.5 x 16.5in
Light Control Grid	Beam Angle	45°
	Dimensions	42 x 42cm / 16.5 x 16.5in
Speed Ring Adapter		Bowens Mount

What's in the Box

Name	Qty
Light Box 45x45 Softbox	1
Fabric Light Control Grid (45°)	1
Front Diffusion 1 (1.5 Stop)	1
Front Diffusion 2 (2.5 Stop)	1
Bowens Mount Speed Ring Adapter	1
Carrying Bag	1

Sales & Shipping Information

Product Name	Light Box 45x45
SKU	APSO313A30
UPC	6971842184132
Packing Dimensions	25 x 7.5 x 39.2cm / 9.8 x 2.9 x 15.4in
Net Weight	0.68kg / 1.5lbs
Gross Weight	0.84kg / 1.85lbs
Carton Quantity	8 pcs
Carton Dimensions	66 x 42.7 x 29cm / 26 x 16.8 x 11.4in
Carton Weight	7.7kg / 17lbs



Product Description

The Light Box 45x45 is a compact Bowens Mount Square Softbox compatible with a wide array of fixtures, ranging from the amaran COB 60/100/200 daylight and bi-color lights to the Aputure LS 300d II and 300x. With a front aperture of 45x45cm (~18x18in), it transforms hard point-source LEDs into simple and effective soft lights for all forms of content creation, from portraiture to products.

With a simple and lightweight 4-rod construction, the Light Box 45x45 sets up in seconds and packs flat into its included carrying bag – making it the perfect travel diffuser. At only 30cm (12in) deep, the Light Box pairs excellently with lightweight amaran COB lights, whether you are constantly on the move for mobile or run-and-gun content creation or shooting in tight spaces.

Choose from a standard 1.5 stop or a heavier 2.5 stop diffusion for added softness and attach the included fabric grid to control your light's spread. As the most portable Bowens Mount softbox from Aputure, the Light Box 45x45 deserves a spot in every filmmaker and photographer's lighting toolkit.

Target Audience

The Light Box 45x45 is ideal for creators, photographers, and videographers who prefer to use Bowens Mount point-source lights and need a lightweight, portable soft light diffuser. Not only does it pack down incredibly small, but when built, its square design is more expansive than typical 1x1 LED panels, resulting in a softer output.

In addition, its compact size makes it the perfect key light for on-the-go content creation, mobile videography, and live streaming. Paired with ultra-compact Bowens Mount LEDs like the amaran COB 60 series, users can achieve the ultimate travel lighting kit.

